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# Regis University HIGHLANDER

The Jesuit University of the Rocky Mountains

A Weekly Student Publication

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October 4, 2004

## Hanson does Regis



Photo by Amy Noyes

Music sensation Hanson packed the Regis University dining hall Wednesday, September 29th. The group spoke of their love for music and played two new songs, teasing students with a short a cappella rendition of their hit song Mmmmbop. The impromptu performance came about because the threesome wanted to support student-run radio in Denver.

## Exonerated death row prisoner speaks out against capital punishment

Former inmate Juan Melendez promotes education on death penalty

Melissa Skotak  
Senior Reporter

Former death row inmate, Juan Melendez, spoke to a crowded Science Amphitheater on Wednesday, September 29. Now 51, Melendez spent 17 years of his life on death row for a crime he did not commit and became the 99 innocent person to be freed from death row since 1973. Ever since Melendez became a free man again, he has pledged to spend the rest of his life speaking out against the death penalty. During his talk at Regis, Melendez encouraged education about the death penalty. He said, "Being educated is most important; it means you know how to tell lies from a fact."

After going through three different appeal processes while on death row, Melendez had nearly given up hope. Yet, on January 3, 2002, all charges were dropped against Melendez when new evidence was found to support his case. Judge Barbara Fleischer had been assigned to the third appeal and was directed to an old file that contained a taped con-

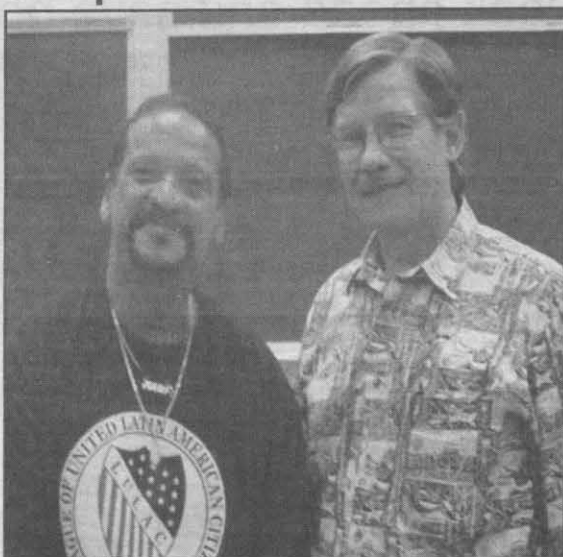


Photo by Ryan Smith

Melendez and Byron Plumley, justice education coordinator pose after Melendez's speech. A large crowd attended the event.

fession of the true murderer. Judge Fleischer was able to overturn Melendez's conviction by determining that prosecutors in his original trial withheld pertinent evidence.

Upon release, Melendez felt as if he were living in a dream. He said that when he was first given the news he felt like "one of those cartoons that hit each other on the head with a

(Continued on page 2)

## Alcohol policies evaluated after college deaths

Justin Parnell  
Staff Reporter

Three weeks after 18-year-old University of Colorado freshman Lynn "Gordie" Bailey and 19-year-old Colorado State University sophomore Samantha Spady were found dead in fraternity houses, Regis University's administration and security assure that they will continue to focus on the safety of the student body, but encourage each student to make healthy decisions.

Universities nationwide have witnessed an increased level of alcohol consumption recently. Director of campus safety, Bill Williams, states that Regis does not have an outrageous drinking problem, but "we do have a small percentile of students who on occasion abuse alcohol or make poor choices."

William continues to add that statistically, campus safety has noticed two trends over the past few years. "The number of alcohol related violations has increased, but the number of incidents influenced by alcohol, such as fights or destruction of property, has decreased."

Over the past two years, discovery and subsequent prosecution of alcohol related offenses has also increased in the residence halls due to a more aggressive enforcement by campus safety and residence life.

While little will be done to make aggressive efforts to limit alcohol consumption in light of the CSU and CU tragedies, the dean of students, Diane Cooper, and other university officials have agreed to reinstate the school's partnership with area liquor stores and bars by resending a list of all Regis students' names and birthdays at the beginning of this semester. "This isn't something new and we've done this prior to the CU and CSU incidences," Cooper states. "We do this to keep our students safe, keep our community safe, and protect these businesses."

Though Cooper denies that universities should be dismissed of responsibility for alcohol related incidences, she does believe schools should "encourage healthy decisions, keep students safe, and provide alternative choices to drinking." She encourages students to communicate with the school to see what they can do to help their college experience without alcohol being involved.

Discipline is not always the sole solution in limiting alcohol consumption, as Cooper agrees that peer education can often play a stronger role and solution on campus. Both deaths of Bailey and Spady show that their friends did nothing to prevent them from drinking, but rather encouraged them to drink excessively, according to Cooper. "We (the university) encourage everyone to take care of each other. Friends need to be friends and watch over each other," Cooper said.



Photo by Sarah Martin

Regis Liquors sign informs students of age verifying policy in effect.

### Feature



Clubs offer a way for students to get involved with in their school, promotes community. Pg.6

### Sports



Take a walk on the wild side...lines with the Raucous Rangers. Pg. 4

### Entertainment



Yeah they really came. Full story on Hanson Pg. 7



## News

# Fall semester welcomes new Regis faculty

**Cristina Smith**  
Staff Reporter

Regis welcomed 9 additional faculty members to the communication, education, honors, language and fine arts departments this school year. Joining the ranks are Dr. Joan Armon and Dr. Heidi Barker in the education department; Dr. Thomas Bowie in the honors department; Ms. Julia Brumbaugh in religious studies; Dr. Mary Elizabeth Callie and Dr. Janna Goodwin in the communication department; Dr. Obdulia Castro in the language department; Dr. Suzanne Caulk in the mathematics department; and Mr. Anthony Ortega in the fine arts department.

Callie and Goodwin are the most recent additions to the communication department. Goodwin received her M.A. and Ph.D. from the University of Massachusetts in Amherst, as well as her B.A. from Hampshire College. Callie received her Ph.D. and M.A. from the University of Arizona. She earned her B.A. from College of the



Photo by Ryan Smith

**Julie Brumbaugh is new to the religious studies department.**

Holy Cross in Worcester, MA.

Callie specializes in media studies, law and public policy. She has also contributed to the Arizona media, writing opinion articles for the *Arizona Daily Star*. In addition, she has taken an active stance within public policy initiatives. At Regis, Callie is the current acting advisor to the communication honors society, Lambda Pi Eta.

In the fine arts department, artist Anthony Ortega has joined the faculty. Ortega, who studied at the Rocky Mountain School of Arts and the University of Colorado, is also an illustrator of children's books. He is scheduled to come out with a new children's book this fall, titled *Who Am I?* in which the main character embarks on a journey of self-discovery.

Thomas Bowie is new to the honors department and completed his doctoral work at Brown University. His attraction to Regis is rooted in past experiences with Jesuit education. He has two daughters at Creighton University, as well as a son currently attending Regis. Bowie taught at Brown University, as well as the Air Force Academy, and served in the Air Force for 28 years.

Heidi Barker and Joan Armon are new to the education department. Barker is a former professor of the University of Colorado at Denver. She earned her B.A. from Trinity University and her masters of education in educational administration from the University of North Texas. Her Ph.D. is in curriculum and instruction, which she earned at the University of Illinois at Urbana-Champaign.

Julia Brumbaugh, assistant professor of religious studies, has



Photo by Ryan Smith

**Mary Beth Callie of the communication department.**

received a masters of philosophy and her M.A. from Fordham University in the Bronx, NY. She is also a member of the American Academy of Religion, the Catholic Theological Society of America, and Alpha Sigma Nu.

Many of the new faculty were attracted to the Regis mission statement as well as the small community. Callie stated, "So far, I've experienced a sense of community in the department and the school at large."

## New Regis Faculty

Dr. Joan Armon- education  
Dr. Heidi Barker- education  
Dr. Thomas Bowie- honors  
Ms. Julia Brumbaugh- religious studies  
Dr. Mary Elizabeth Callie- communication  
Dr. Obdulia Castro- language  
Dr. Suzanne Caulk- mathematics  
Dr. Janna Goodwin- communication  
Mr. Anthony Ortega- fine arts

## Melendez: cherishes the little things in life

Continued from page 1

hammer and they're just smiling with stars twirling around their head and in a state of shock."

Melendez was bombarded by the news media after his release and faced many questions from reporters about his experience. One of the most common questions asked was, "What is the first thing you want to see?" The first time Melendez heard this question, his initial response was to say, "I want to see the moon. I want to see the grass and the dirt. I want to hold a baby in my hands." These were all of the simple things that Melendez took for granted before being wrongly convicted. Now, the simple things are what he cherishes most. "I missed what we all take for granted. I don't ever understand why people say they are bored or that they don't have anything to do," said Melendez.

"The hardest part of me is to, after being locked up for so long, to understand the people from the outside. But I'm, I'm pulling it out and I'm taking it day by day and by the grace of God I'll be alright," said Melendez.

Since his release nearly two-and-a-half years ago, Melendez has spoken out against the death penalty. In a statement on Wednesday he said, "Get rid of the death penalty. We don't need the death penalty. The death penalty is a very cold policy." He urges everyone to stimulate conversation about this issue and to get involved.

## New financial initiative encourages students to look ahead and save now

**Kaitlyn Gentert**  
Staff Reporter

Program director, Jan McCubbrey, is calling upon all Colorado families and college students to start saving by organizing the *Colorado Saves* initiative. Program member, Jennifer Stone, said that saving "is not habitual for Coloradoans, and this program aims to change that." According to statistics provided by the *America Saves* website, Colorado has one of the lowest savings rates in the nation. The goal of *Colorado Saves* is to "ultimately change Americans' habits relative to money and encourage them to start saving for a goal (short or long term) and becoming financially stable."

*Colorado Saves* is currently in its pilot phase and is initially targeting middle to lower income families to change their financial habits. However, this initiative also aims to reach out to college students. McCubbrey claims that *Colorado Saves* "can help prepare college students to begin paying back student loans and educate about budgeting and credit issues when they begin jobs after college." She also said that the program "can make students aware of the dangers of high interest credit cards and emphasize using credit wisely." It also aims to have workshops on college campuses to encourage smart saving in the early stages of financial development, beginning with local campuses like Regis University. With many out-of-state students that carry credit cards and worry about their finances, Regis will be a likely candidate for a work-

shop in the future. Freshman, Evan Dubay, said, "I don't worry about my finances because I feel bad for my parents because I don't have a job to help pay for college." Junior, Abbi Goldberg, carries a credit card with a low amount on it because she doesn't "want to be in debt."

*Colorado Saves* has a mission statement that claims to "foster professional standards in personal financial planning so that the public values has access to and benefits from competent and ethical financial planning..." With that in mind, the Certified Financial Planner Board of Standards Inc., a non-profit organization, began funding this program as part of a nationwide initiative to make Coloradoans more aware of the importance of saving, building wealth, and eliminating debt. This grass-roots effort embraces the social marketing technique and aims to be as common and effective as "Buckle Up!" has been. *Colorado Saves* seeks to benefit the average Coloradoan by providing them with a goal to help them reach financial stability and convince them that this is an achievable goal for a more stable future.

*Colorado Saves* is reaching out to local faith-based organizations, educational institutions, and other community groups to assist them in their efforts. By providing encouragement, education, and information, *Colorado Saves* ultimately seeks to assist those who wish to rid themselves of their debt, build an emergency fund, save for a house or education, or even retire.

## Highlander

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## Mission Statement:

As the staff of the Regis University student-run publication, the *Highlander*, we intend to serve the campus and the neighborhood by providing a weekly forum regarding pertinent news and ideas. Our publication is designed to cultivate greater overall awareness and participation in university events by providing consistent coverage of issues affecting those involved with Regis University.

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## Editorials

Editorials are the opinions of the author, which do not necessarily reflect the views of Regis University or the *Highlander*.

## Submissions

Submissions are encouraged from our readers. All submissions will be reviewed for appropriateness, content, and length by the Editorial Staff to ensure suitability of content and quality of thought. Email to [highlander@regis.edu](mailto:highlander@regis.edu). The deadline for receipt of letters is 5:00 p.m. on Tuesday.



## Greater need for alcohol education on college campuses

Ryan Smith  
Staff Writer

The recent deaths of students at Colorado State University in Ft. Collins and at the University of Colorado in Boulder have come as a shock not only to their own campus communities, but also to college students and administrators all over the state of Colorado. Not only has one 19-year-old girl died, but a CU freshman has recently died as well. Initiatives have been put into place within the past year to curb binge drinking at CU, and will inevitably be put into effect at CSU and other state schools.

What, if anything sets Regis apart from the phenomenon of alcohol consumption? Is the culture different at Regis, or is it just a matter of time before alcohol consumption takes its tragic toll on a Regis student. Most of us at Regis quickly come to believe that we are safe within the gates that surround the campus, but the average Regis student is still an average college student.

There are, of course, differences among the drinking cultures at Regis and large state schools. Regis does not have Greek life, fraternities and sororities, which play a huge role in the cultures at most other colleges. This culture perpetuates drinking more so than parties at Regis. Nor does

Regis drinking culture revolve around athletics, as is the case at most schools with football teams.

Both of these cultures that perpetuate drinking are lacking at Regis, but Regis students still drink as much as students at other schools. Regis students as well as the administration need to realize that binge drinking is a real problem, and hopefully a death will not need to occur among the Regis student body before something is done about it. Freshmen enter college generally unaware of the dangers of alcohol consumption, and especially binge drinking. The level of education that they receive on the topic is greatly disproportionate to the amount of alcohol consumed.

The efforts at alcohol prevention and education at Regis are well intentioned, but what are their impacts? Surveys from the behavioral health program at Regis show that binge-drinking rates have actually increased at Regis since 2001. The number of emergency response calls has also gone up. These increases place the lion's share of the responsibility for freshmen on the Residence Life staff, which is forced to respond when freshmen are not aware of the consequences of alcohol.

This demonstrates that alcohol education at Regis needs improvement. The prevention program reaches out to athletes, but it needs to reach



Photo by Sarah Martin

Regis students have no lack of access to alcohol. Busby Liquors, pictured here, is just one block from campus. This year, Regis has handed out birthday lists to Busby and other local liquor stores in an attempt to cut down on underage drinking.

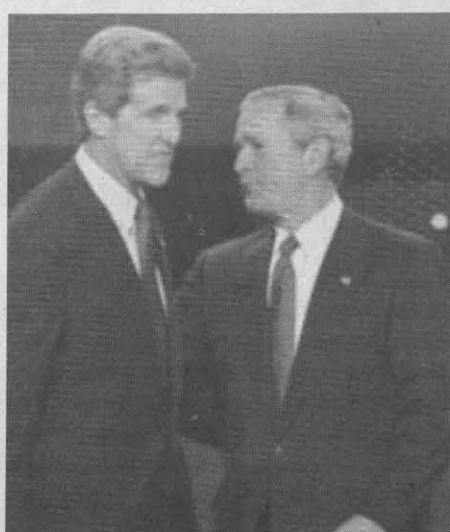
out to all freshmen more effectively. The Residence Life staff makes attempts to reach out to freshmen, but the limited expertise of RA's on the subject makes it difficult. RA's do not receive the background that it requires to effectively teach all students the effects of alcohol, nor should they have to.

Alcohol education could be coordinated to the effect that freshmen are able to receive the education that they need from true professionals or peers who have extensive training in alcohol prevention and education techniques.

This year, CU began a three-hour online alcohol education course for incoming freshmen. This is a start, but probably replaces a classroom course because of budget constraints. A short class or session like this may be more feasible at Regis with smaller incoming class sizes. Underage college students will always be able to get alcohol, and efforts to prevent them from doing so at this point may be too late. If freshmen know the effects of alcohol before they even get it, they may use it more responsibly and avoid the tragic occurrences that have taken place so close to Regis.

## Modern debates are watched for much more than what candidates say

Regardless, content rather than style should be determining factor in choosing a candidate



President Bush and Senator Kerry will meet to debate several times before the election on November 2

John Rief and Brian Schrader  
Staff Writers

It seems prudent, as we find ourselves waist-deep in analysis about presidential debates, to talk about what to look for as we watch them. Presidential political debates of the past are useful in understanding what we, the voting public, should watch for this time around.

This year's presidential debates are important because many people remain undecided at this point and say that the debates will impact their decision-making when they cast their vote. For many voters, how a candidate conducts him or herself and argues in favor of his or her platform

can influence greatly how they ultimately cast their vote.

This year's presidential election is important, depending on which way the election goes we could all have to endure four more years of a stuttering Texas accent or possibly a Bostonian whose favorite Red Sox is Manny Ortiz.

One important thing to watch for and think about in the debates this year is the way that President Bush and Senator Kerry are dressed. This was a major factor, not only in the debates between Bush and former Vice President Gore, but also throughout Bush Junior's presidency.

I'm sure that we have all heard about and maybe even laughed out loud about Bush's ties. His choice of power colors allowed him to win the popular vote in the 2000 election. Well, it was not the popular vote, but he still won, somehow. Appearance was also an important issue in the first ever televised debates between Kennedy and Nixon. Richard Nixon came up short in this debate because he had a five o'clock shadow. Choosing not to shave in the green room apparently made him look like a ruffian and cost him the presidency. On the up side he did receive an endorsement by environmentalists for looking 'outdoorsy.'

Another major issue in the debates will be what the debaters do when they are not speaking. In years past Presidents have lost debates and ultimately lost elections for looking bored or disinterested. George Bush Senior was criticized for checking his watch while William J Clinton (the man) was speaking.

This influenced the way that people thought about him, and ultimately cost him the election, and he was the incumbent! Why does it mat-

ter what time it is? Where do you have to be? Did you miss your son's speech therapy appointment or maybe a session of your granddaughter's de-tox?

Another example that nicely illustrates the importance of down time can be found in the debates between Gore and Bush Junior. In this debate, Gore was criticized for yawning while Bush was talking. Some claim that he was simply holding his breath until Bush pronounced a word correctly. When it finally happened, the yawn was all he could do to not pass out.

We hope that this guide is helpful to all of you as you watch this series of presidential debates. Substance, it seems, is not in the least important to the public if analysts are correct about shaving, tie color and scoffing. Or maybe you could take something wholly different from this article.

Maybe you should listen to what they say, not how they look or whether they gaze down at their watch. Our media culture has caused us to evaluate these things as important; however, it is ludicrous to vote for someone because you like how they look. Instead of sitting back and commenting on Bush's hair or Kerry's long face, take a moment to listen, to really listen to what is being said. Those of you who are undecided, perhaps listening rather than uncritically viewing the debates will help you make an educated decision about this election.

NO SERIOUSLY

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# Ranger Replay

Nikki Lawson  
Sports Editor

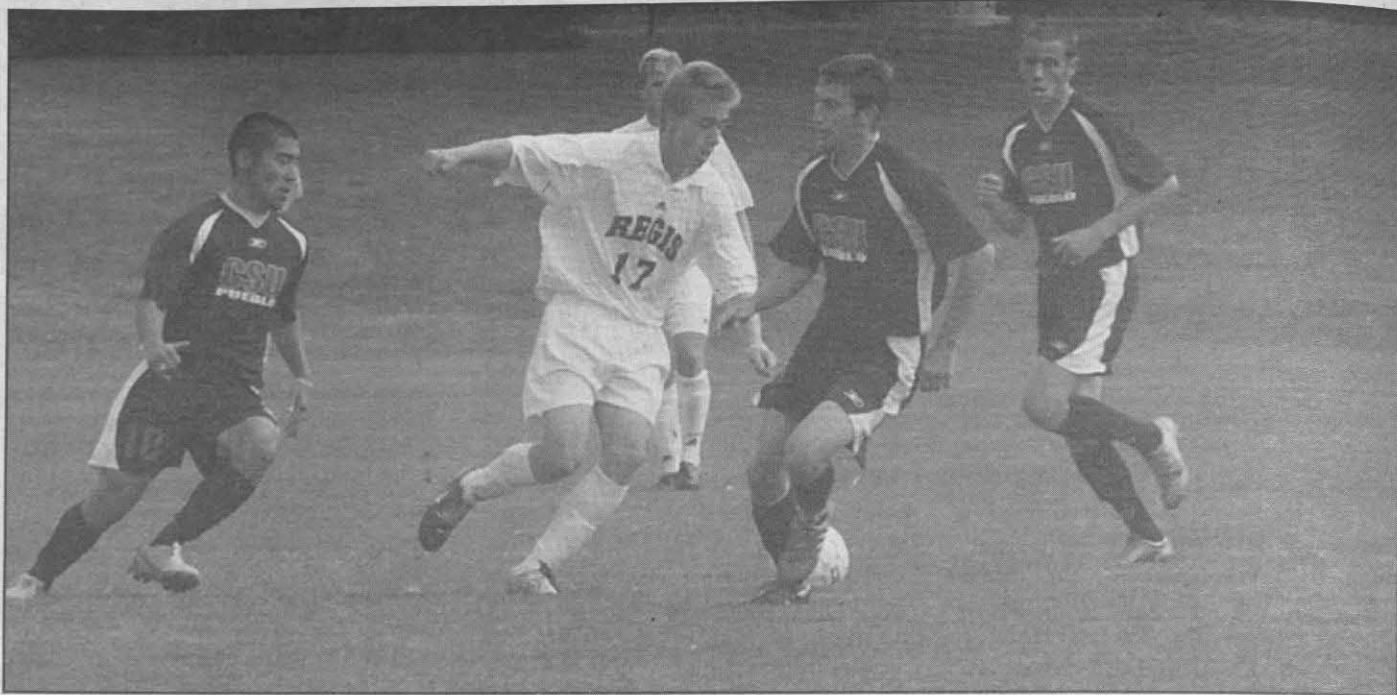
Having a nearly undefeated weekend September 24-26, the Rangers amassed several important RMAC victories. The advantage of playing at home definitely showed with the Rangers amassing a combined record of 5-1. Women's Soccer and Volleyball went 2-0 and Men's Soccer splitting the weekend 1-1.

The **Women's Soccer** team, who is unbeaten and untied in their last seven games, scored nine goals on the weekend. On Friday, September 24, the women defeated the undefeated side of Colorado State University-Pueblo 5-0. Sophomore co-captain **Katie Jardine** got the game winner, while Freshman **Julie Rodgers** added her first career goal in the first half. The third goal of the game was an own goal as their goalkeeper placed the ball cleanly in the side netting on a **Lacy Richardson** corner kick. Senior **Kristen Geyer** added two more goals after the fact to round out the scoring on the day.

On September 26 against defeated Colorado Christian University

*The advantage of playing at home definitely showed with the Rangers amassing a record of 5-1.*

(0-7-0 RMAC), the Rangers scored four goals and got their fifth shutout in six games. **Richardson** was the first to find the goal while **Geyer**, **Rodgers**, and Senior **Katie Hopkins** all scored later in the match. **Geyer** is now one point away from tying the all-time Regis career point record at 119. Furthermore, Sophomore defender



Freshman midfielder Mike Smith holds off Colorado State University-Pueblo defenders in the Ranger's 2-0 loss on September 24. The men turned around and beat the University of Colorado, Colorado Springs 2-1 on September 26 with Smith assisting on Junior Sven Trautmann's game winning goal.

**Meghan Thompson** was named the RMAC's *Defensive Player of the Week* following her two assist weekend. The Rangers, now 7-2-0 overall, will travel to Florida to play Barry University and Lynn University on October 8-9.

The **Men's Soccer** play (3-3-0), currently .500 in RMAC soccer (3-3-0), split the weekend with one loss and one victory. On Friday, September 24, the Rangers went down 2-0 to Colorado State University-Pueblo. The Rangers turned around and defeated the University of Colorado, Colorado Springs 2-1 on Sunday, September 26. Senior co-captain **Jose Rosales** scored his second goal of the year courtesy of a double assist from Juniors **Travis Mitchell** and **Guillermo Mazier** while Junior **Sven Trautmann** got the eventual game winner off an assist from Freshman **Mike Smith**.

The Ranger men will be back in action with a pair of home games on October 7 and 10 against Westminster College and Benedictine College, games beginning at 4:00pm and 12:00pm respectively.

Following two tough losses against the #1 and #15 teams in the country, the Ranger **Volleyball** team

bounced back with two 3-0 victories at home. On Friday September 24, the Rangers defeated Colorado Christian University. Sophomore **Rachel Ross** and Senior co-captain **Holly Yamada** each finished with eight kills while **Yamada** also registered three service aces. Freshman **Nikki Peniata** concluded the match with 34 assists and four service aces, both team highs.

On September 25 against cross-town rival Metropolitan State College of Denver, the Rangers entertained the home crowd with another decisive victory. The Rangers, beaten three times last year by Metro, got outstanding performances from several members of the team. Senior co-captain **Sarah Jackson** finished the match with 10 kills and three block assists while Junior **Laura Bisio** added nine kills and two blocks. **Yamada** and **Peniata** were impressive once again with 13 kills and 36 assists respectively. The Rangers will continue their quest through the RMAC with two home matches against New Mexico Highlands University and University of Colorado, Colorado Springs October 8 and 9 at 7:00pm.

While not in action over the weekend, Ranger **Men's and**

**Women's Cross Country** will pick up again on October 16. The runners will participate in the Dan Libera Memorial hosted by the University of Northern Colorado in Granby, Colorado.

Look for the **Men's and Women's Golf** teams in their last tournaments of the Fall Season on October 10-12. The Men will partake in the University of Northern Colorado Invitational while the women will conclude their inaugural season with the Fort Hays State University Invitational.

And finally, congratulations to the Regis Club **Rugby** team for taking down Colorado College 35-3 in Colorado Springs on September 26. Senior **Ryan Martin** was named Man of the Match while Senior **Gerald Mewissen** and Freshmen **David Bortizke**, **Dan Worth**, **Mike Esser**, and **Derek Siegel** also put in impressive performances.

For updated results, statistics, and other athletic information, visit the Regis University Athletics website at: [www.regis.edu/athletics](http://www.regis.edu/athletics).

## Club Rugby strong in first four matches

**Decisive victory against Colorado College and tough defense promising for team**

Loren Paige Kennedy  
Staff Reporter

The Regis University Club Rugby team, now 3-1 overall, has found great success early in the fall season.

On Sunday, September 26, the team met Colorado College in Colorado Springs. With an incredibly strong start, the Rangers took the lead at the half by a score of 30-0. Regis allowed Colorado College to score in the second half when the team committed multiple penalties that forced the men to drop down to 14 players for 10 minutes. Fortunately, the Regis squad was full strength, which allowed for much needed substitutions.

Entering in the second half, Freshman **Drew Bower** and Junior **Jeff Aguirre** renewed the team's focus. The man of the match was Senior **Ryan Martin** with his long runs and consistent defense. By the end of the

day, Martin had scored two tries leading the Rangers to a 35-3 victory.

The Regis Rugby team kicked off the fall season with the Jackalope Tournament in Laramie, Wyoming September 11-12. The tournament was a combination of both Division I and Division II teams and included Regis, the University of Utah, Metropolitan State College of Denver, and the University of Colorado.

Entering as a Division II team, Regis defeated the University of Utah 11-10. Regis' strong tackling skills kept the match even at 3-3 at halftime. Although Utah managed to get the ball into 10 meters of their try zone, Regis kept them at bay for a solid 15 minutes of tackling that proved to be the bread and butter of this much smaller team.

Pat Yalon, Craig McCoy, and Mike Esser put in notable performances their consistent and intense tackling abilities. A red card was given to a Utah player after half when Senior co-captain **Mike Simpson** received an illegal hit to the face, resulting in a class two concussion. Fortunately, Freshman **Derek Siegel** made a 60 meter run into the try zone in the last minute, bringing the Rangers on top 11-10.

The Ranger victory over the

University of Colorado was also marked by strong defensive play. Although the match was fast paced and tested the Rangers' front row, Siegel was the star of the game with his penalty kicks that brought the Rangers their only points of the match and allowed them to come out victorious with a score of 6-3.

Unfortunately, the Rangers placed second overall after falling to Metro State 17-22. Metro State, known for their size, was able to overcome a halftime deficit. Regis suffered from penalties in the second half allowing Metro to gain the lead. Since the Rangers are comprised of only 17 players, they had no substitutions, ultimately leading the team to exhaustion. Despite this, the Rangers put up a strong effort, yet could not secure the tournament losing to the Roadrunners 17-22.

Look for the Rugby team to be in action next on Sunday October 10, playing their first home match of the season. The Rangers will play Chadron State on the practice soccer field. There is no entrance fee.

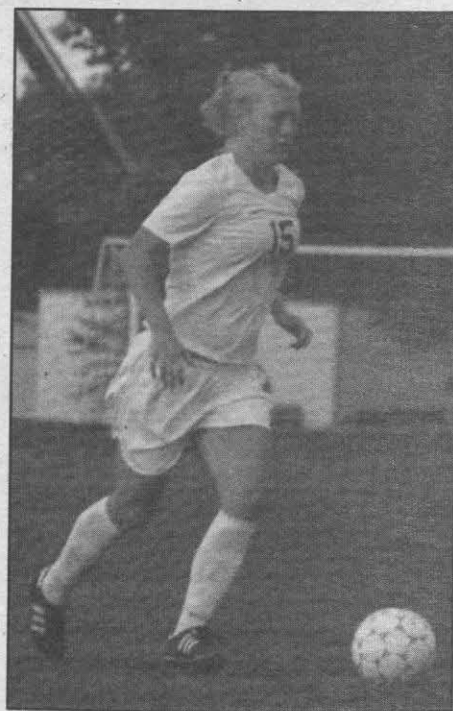


Photo By Graham Hunt

**Dribbling up the field, Sophomore Meghan Thompson prepares to play the ball. Thompson was named the RMAC's Defensive Player of the Week on September 29.**



## Raucous Rangers truly live up to their name

Beloved "Couch Crew" proving that home is where the heart is for Regis athletes

Natalie Vigilante  
Staff Reporter

Have you ever wondered why there is a couch of screaming students piled on top on the sidelines at soccer games?

Those cheerful students are members of the Raucous Rangers club. Led by senior Eddie Bessenbacher and juniors Pat Barry and Justin Tucker, the Raucous Rangers, formerly known as SUPER-  
***"It's not just a crowd, it's a lifestyle."***

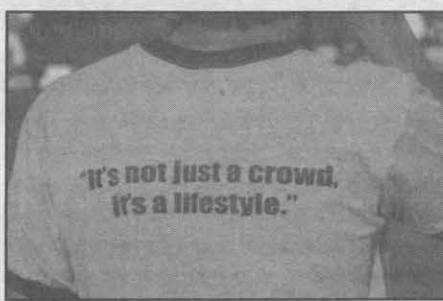
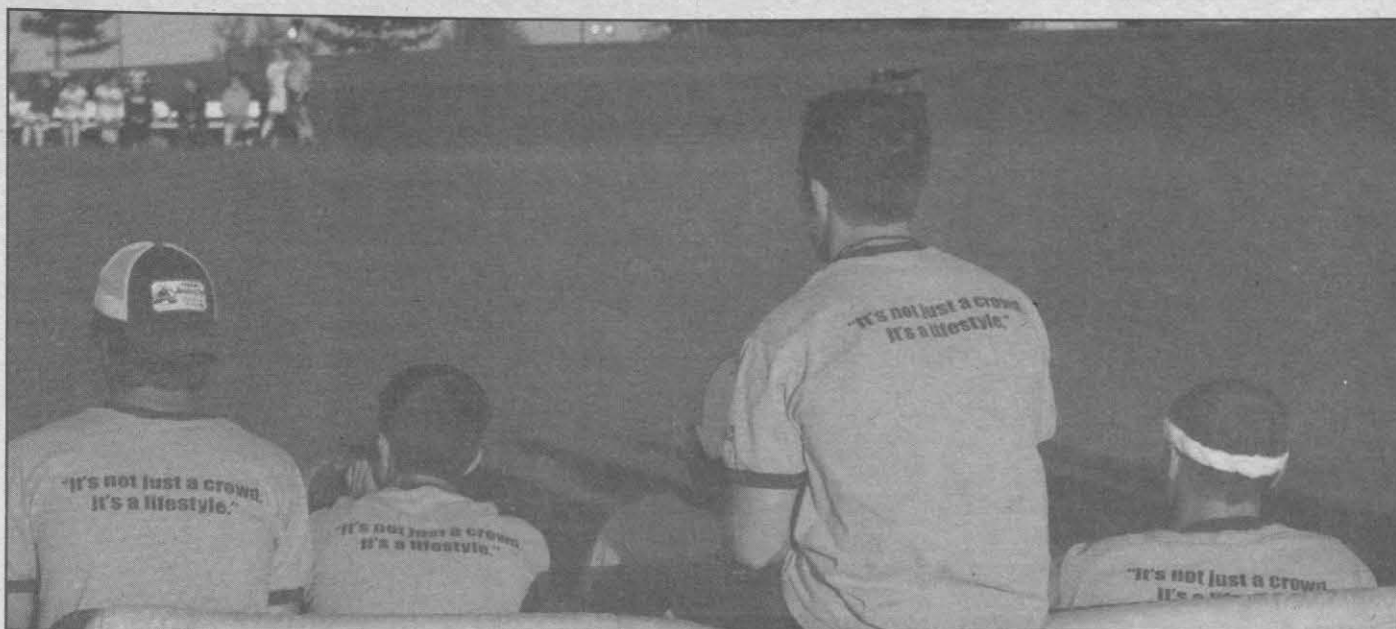
Raucous Ranger Motto

FANS, are "basically just superfans who go crazy," according to Barry.

The club was started five years ago by a student named Patrick Buell, and three years ago former students Colin Maher and Brent Waller renovated the club to what is now the Raucous Rangers. They try to attend every home sporting event and also the Denver-area away games. The Raucous Rangers are funded by and a sub-division of the Student Involvement Committee (S.I.C.).

Members like to think of the couch as their trademark; they bring it to all outdoor sporting events and sometimes to the away games. Unfortunately, the couch has no room on the indoor sidelines. Barry claims that "the couch crew are the crazier ones; if you're sitting on it you have to be loud."

The Raucous Rangers also have t-shirts, which you may see around campus bearing the motto, "It's not just a crowd, it's a lifestyle". Shirts are sold at games and on occasion outside the cafeteria for \$10. The reason behind the slogan comes from the Raucous Rangers desire to get people involved, not only in athletics, but in Regis activities as a whole.



Photos By Graham Hunt

**Top:** Raucous Rangers enjoy the women's soccer game from a familiar seat on their couch. **Left:** Raucous Ranger Senior Brian Krouse, a.k.a. Sir Robe-A-Lot, and Junior co-captain Justin Tucker celebrate a goal. **Above:** Pat Barry wears the Raucous Ranger motto with pride.

are quick witted, and enjoy watching sports to check out the crazy couch on the sidelines. The Raucous Rangers want to ensure it as a continuing tradition along with Regis University athletics.

**Raucous Rangers may be the craziest fans around, but they will NEVER:**

**Stab any tennis players**

**Attack a first base coach from the stands**

**Throw darts at opposing fans**

### Quotes from the "Crew"

"O'Shea, O'Shea, O'Shea, O'Shea...O'Shea, O'Shea (the infamous cornerkick chant).

"It's all your fault..."

"Holy moly what a goalie!"

37-69, who's that goalie on the line?"

"We've got \_\_\_\_." (fill in the blank with the name of your favorite Ranger)

"WEAR IT!"

"Do you want a whamburger and french cries with that?"

"Let's go Regis, let's go!"

"What's up up dog?"

"Is that goal regulation size or what?"

"Denial is more than a river in Egypt."

"Da na na, da na na." (Theme from SportsCenter)

## Physical Education department offers students many opportunities indoors and out

Outdoor adventure classes enhance Regis' curriculum

Arielle Guadagni  
Staff Reporter

The Physical Education department at Regis University is expanding the activity classes that service Regis College and faculty. Nan Williams, program director for Physical Education, has been an instructor at Regis for over ten years.

The Physical Education department offers minors in both physical education and coaching. Currently,

the department is trying to receive National Credit for the coaching minor, which will provide students with better opportunities to get jobs outside of their schooling.

The Physical Education department offers many fun activities, some of which include: backpacking, golf, rock climbing, and ice climbing. Also, fly-fishing is a new activity being offered this semester. The classes offered are geared towards activities that are genuine to Colorado because students enjoy going to the Rocky Mountains and exploring nature.

Classes are also offered within the classroom and include principles of personal fitness and nutrition. Sports Ethics is a new class offered in the fall semester, and within the next few years, Sports Administration will be

available for students as well.

All Physical Education classes address the current health issues present within society and target current trends within the community. Over the last several years, the obesity rate has significantly increased. Nan Williams, along with adjunct instructors, aims to inform the community of such issues. The classes teach the importance of living a healthy lifestyle and push towards helping students become more active.

Students can sign up for Physical Education classes during the time of registration. Most of the activities classes fill up rather quickly and a few extra costs are required. Students also get academic credit for taking any of the classes listed under Physical Education in the Regis University

Bulletin.

Possible classes that will be offered next spring and summer include: weight training, rock climbing, principles of personal fitness, nutrition concepts/controversies, the Mediterranean Diet, Community First Aid, Outdoor Recreation Leadership, and Principles of Coaching (taught by Regis University baseball coach Dan McDermott).

The department encourages students to get involved and welcomes any input that students are willing to give. So when Spring 2005 registration rolls around, try a P.E. class, you are sure to have fun, and get fit!



# Regis clubs aim to educate, entertain and enthrall

## Revamped outdoor program offers trips for low cost

Lizzeth Nevarez  
Staff Reporter

The Outdoor Adventure Program has been present at Regis to give students and staff a taste of Colorado's excellent outdoor recreational opportunities, as their mission statement declares. Located on the second floor of the student center in the student activities office, the Outdoor Adventure Program, also known as OAP, offers various outdoor activities throughout the year for anyone who is looking for an adventure. "We hope people develop their team building, communication, and interpersonal skills," says Amy Noyes, one of the trip leaders.

Some of the activities offered by the program include: mountain biking, a scuba diving certification class, scuba diving class, snowshoe/skiing, rock climbing, backpacking, and a week long trip to Kauai, HI.

David Bourassa, OAP advisor, recommended the week long trip to Hawaii the most, since it gives students more time to learn and reflect. But Bourassa recommends each and every one of the activities, since they all offer a different enriching experience and they "Change your perspective on how you view things."

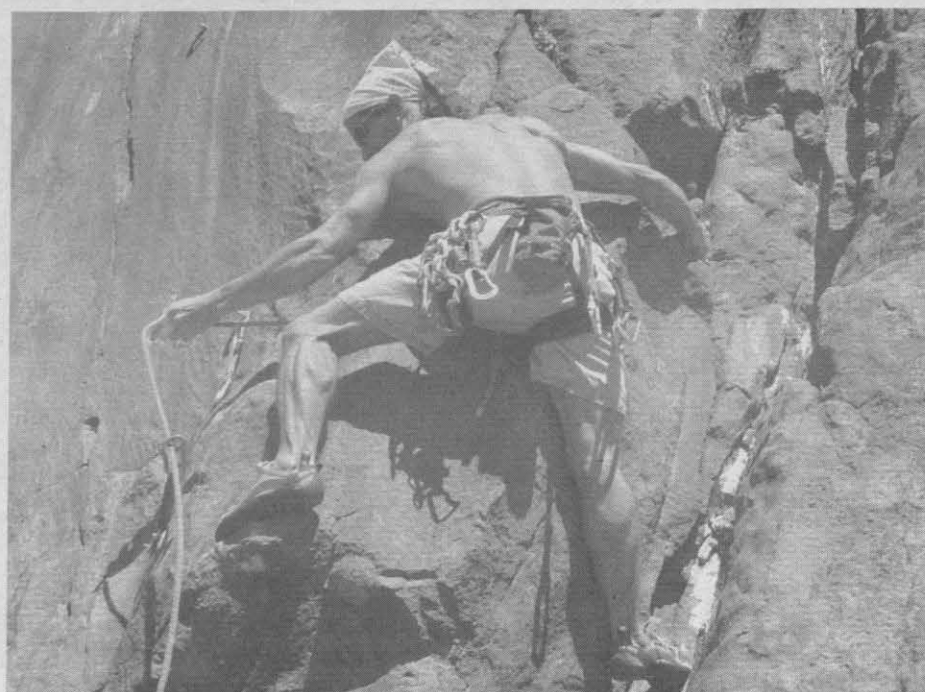


Photo by Amy Noyes

**The Outdoor Adventure Program has already gone rock climbing, with a number of future activities planned. Most trips are free and open to anyone.**

All of these activities are intended to teach safety awareness and help the participant with technical skills in order for him or her to take these skills out into the real world.

Until just a year ago, OAP was ROC, or The Regis outdoor club. The reason for the name change is that the club wanted to expand and start over with "A new philosophy," as Noyes says. The program only offered one activity, which was hiking, and it was open for the students only. As Bourassa says, "It's not just a club, it's a program, and now that way, we get students each and every week." One

joins a club from the beginning, but with this program, participants can be part of an activity whenever they are able to attend, and go to the activity of their choice. "We're here to teach and reflect, and in a club, you don't do that," says Noyes, "the name was changed to give it a new feeling."

Students need not worry about excessive costs. Usually, the activities are free, with the exception of those that consist of a guide service and any of the four day trips. Gear is not an issue either because OAP is fully equipped to outfit 15 people.

## Student-run debate explores campaign issues

Tamara Hackfort  
Staff Reporter

This past Wednesday evening, the Young Democrats and College Republicans met to discuss issues similar to those debated by John Kerry and President Bush the following evening. With nearly thirty people in attendance, Young Democrats representative Ben Gamboa and College Republicans leader Caitlin Claxton did their best to portray their party's stance on hot topics critical to the election this year.

The debate was run in a formal format with Student Body President Andrew Cole moderating. After a coin flip, Gamboa spoke first in the allotted two minute introductions. After Claxton finished, Cole gave the first of six questions after which each had two minutes to reply, with one third



Photo by Kathy Korsmo

**Young Democrats representative Ben Gamboa prepares his next answer.**

second rebuttal after each round. Four of the questions were prepared in advance, and two were selected by Cole from questions submitted prior to the debate.

Questions surrounded many issues including tax plans, the environ-

ment, health care, social security, public education, Iraq, Afghanistan, and the Patriot Act. Young Democrat secretary, Michael Uhrig, felt this kind of dialogue was important during election year. He said, "I thought it was a great idea for the two organizations to provide the student body with this type of a program. A lot of times it seems like politicians are completely disconnected from us as college students. This was a great way for the elections to seem much closer to us."

Afterwards, many people attended an open dialogue debriefing session that was facilitated by sophomores Joanna Welch and Matt Zavala. Fellow sophomore, Justina Pomeroy, said that she went to the debates undecided and was impressed by certain positions, but that she was still going to wait until after the televised debates to make her decision.

## Diversity clubs provide Regis with perspectives on different cultures

Julio Alas  
Staff Reporter

Due to Regis University's low minority rates, students across campus have come together to bring awareness about different ethnicities to people. Sandra Mitchell, associate to the provost for diversity stated, "For the last two years, our ethnic minority freshmen have been about twenty percent."

Despite the low numbers, Regis is home to the multi-cultural awareness committee (MAC), the Black student alliance (BSA), the Asian/Pacific American association (APAA), and Mi Gente, the Hispanic alliance.

Director of MAC, senior JoAnn Melendez said, "We not only want people to be aware of the dif-

ferent cultures found at Regis but also want to educate them and let them understand what the cultures are all about." Some events planned are to teach different dances of the world, MLK week, Black History Month, Great Women of Spirit Month, Peace Week, and a culture day. Anyone is welcome to help with events sponsored by MAC, and can obtain more information at meetings held every other Thursday at 4:45 p.m. on the second floor of the student center.

BSA's main purpose is to bring students of color together and provide support for one another. "Diversity is important to the mission of the university and we do have students here of color so I believe that we should have organizations that are representative of groups on campus and we need to make sure to support those students," stated Marie Humphrey, director of residence life, and one of the group's advisors. Events BSA would like to hold are social activities that bring people together, retreats, educational activities to inform students about African Americans, as well as attending conferences.

Regis' largest ethnic organization, APAA, was founded in 2001. Members hold events such as the Lunar New Year event, Pacific Island Fest, and

the Moon Festival. Meetings for APAA are held Mondays at 5 p.m. on the second floor of the student center with anyone welcome to participate. "The important thing about groups like this is not only to get the community to understand our different cultures but to also teach ourselves more about our ethnicities," said Ed Yoon, junior.

Mi Gente is one of Regis' newest additions. A small group of freshmen along with the organization's advisor Dr. Lisa Garza, sociology professor, are still trying to find the word for the club and spark interest. "This club along with all the other organizations on campus are good ways for us to start moving in the right direction to try to promote acceptance and understanding of people's different backgrounds," said Mi Gente vice president, freshman Makeda Gant. The club has a variety of ideas and goals planned to meet at the first official meeting on Oct. 5 at 5 p.m. in West hall B.

Mitchell said, "We can always improve Regis' diversity rates and I am pleased with the progress. I've been involved with the university for five years and I've seen a difference over this time, but we still have a long way to go."

## Join the Club

Health Awareness Committee (HAC)

Gay Straight Alliance

Men's Club Volleyball

Women's Club Volleyball

### CHOICES

Young Democrats

College Republicans

Residence Hall Association

University Ministry

Programming Activity Committee (PAC)

Multicultural Awareness Committee (MAC)

Student Involvement Committee (SIC)

Asian American Association

Mi Gente (Hispanic Club)

Black Student Alliance

Outdoor Adventure Program (OAP)

Lambda Pi Eta (Communication Honor Society)

Phi Alpha Delta (Pre-law Fraternity)

Alpha Epsilon Delta (Pre-Med Honor Society)



# Hanson livens up Regis with new sound

Laura Fritz  
Staff reporter

On Thursday, Sept. 30, Hanson performed a DJ show, a live set, and interview at Regis in hopes of reaching a different audience than their pop genre captured in the early 1990s. The band is attempting to establish themselves as an up and coming Indie-rock group on their most recent tour. In a whirlwind of activities starting with a phone call and ending

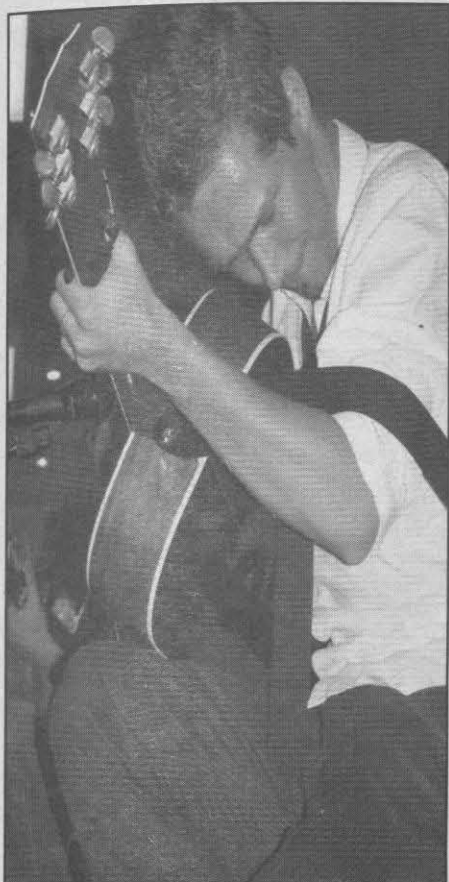


Photo by Sarah Martin

Isaac soulfully plucks his guitar in front of a student packed cafeteria on Sept. 30.

with an autograph signing in the parking lot, Hanson showed Regis how a 1990s pop band with a primarily teen fan base can exert influence over college campuses.

They were the immensely popular brothers of teen pop music in the 1990s; however, the Hanson brothers, Zac, 18, Taylor, 21, and Issac, 23, are currently attempting to break into a new rock scene. On their current tour, Hanson is promoting a new sound and a new image that is directed towards a hip young crowd eager for something new. At the same time, Hanson encourages loyal fans to seek out and follow other Indie bands.

It all started Sept. 27 when Bridget McLaughlin, KRCX music director, got a call from Jason Spies, Hanson's band manager. He wanted to know if Regis would be willing to host Hanson for a few hours so they could connect with the college scene and show students a different side of themselves. McLaughlin made a few calls and made sure that Regis could find a place for them to play. Dave Law, director of student of activities, gave KRCX the word to put the event together, and the band was booked to appear in the Quad on Thursday. The stage was scheduled to be in the middle of the Quad, where they would play an acoustic set with some equipment from student activities. However, due to rain, the event was moved inside to the cafeteria where the band sat on stools and played to a packed house in front of a large screen.

Hanson played three songs in the cafeteria, with "Deeply" being the first. Many students were hesitant to welcome the band, but after the first song, the music spoke for itself. The songs Hanson performed come from their new album entitled Underneath,



Photo by Sarah Martin

Zac (cup percussion), Taylor (guitar), and Issac (guitar) of Hanson play an acoustic jam in the KCRX office in the basement of the Student Center.

which is off of their own record label. Taylor Hanson says that having their own label is just "another example of artists taking control of their music; this is the wave of the future."

During the set, the brothers questioned the audience about the quality of music being played on mainstream top 40 radio stations and challenged students to "call local radio stations and ask for the music you want to hear." Even though Hanson themselves once had major label contracts, they parted ways in to ensure that the "definite flavor" of their songs "survived to the final mix."

The initial thought of Hanson as an Indie band in the same category

as Wilco, Death Cab for Cutie, Old 97's and David Garza is somewhat laughable. However, after giving them a chance, I found that they are not only trying to promote their own cause, but are also trying to promote all independent music in general. Hanson is trying to make young people realize that Top 40 radio is not the only music out there, and by launching their own label they hope to make other unknown artists more available to the population. "We want to inspire the artists of the future," says Issac. "Working for your audience is about digging deeper inside yourself. You have to strive for that. That is what every record should be about."

## Bobs Away!

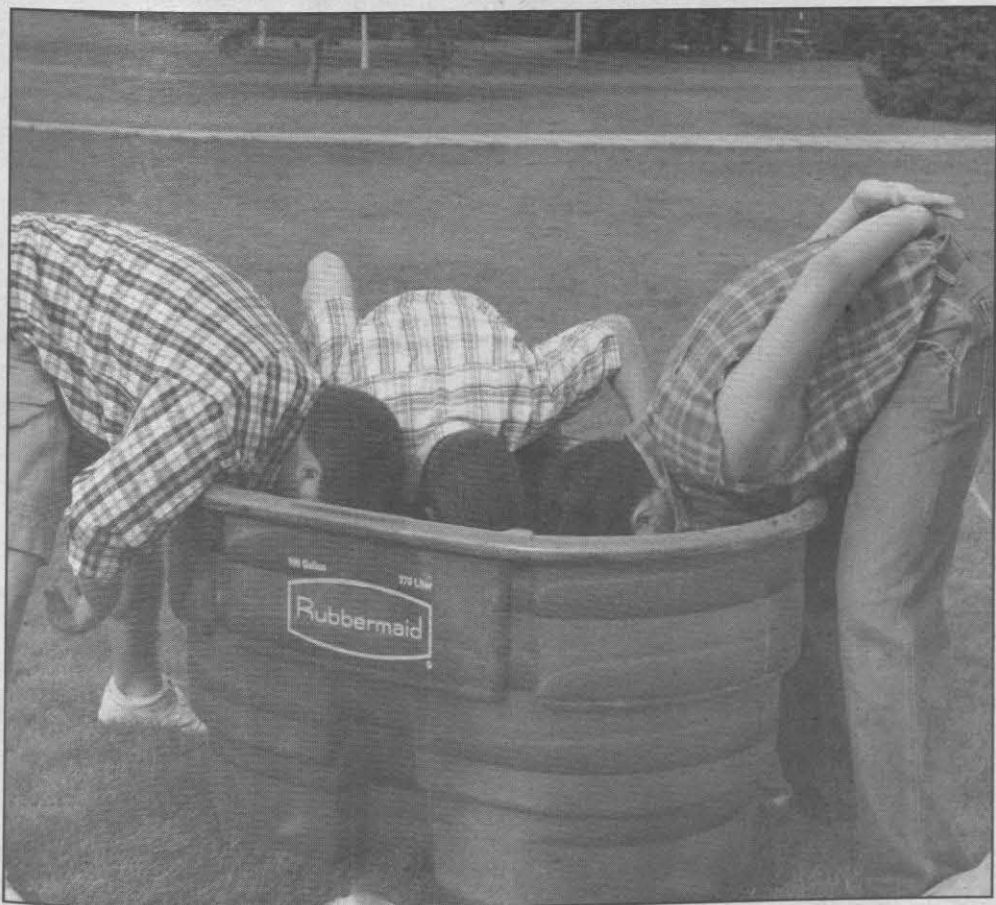


Photo by Megan McGrath

Three competitors participate at the City Slicker Olympics (formerly known as the Hill-Billy Olympics). The annual event pits residents of DeSmet, O'Connell, and a combined force of West Hall and the Townhouses in carnival-like activities. This year's festivities were cut short by rain.

This week's sign that the apocalypse is nearing at an exponential pace:

Hanson coming to Regis biggest thing since the Pope met President Clinton on campus.

### Answers to last week's word whomp

1	J	2	O	3	B	S		4	T	5	O	6	M	7	B
8	E	W	E						F		9	A	10	D	O
11	W	E	I	12	G	H		13	F	14	O	Y	E	R	
15	E	D	G	Y			16	T		17	B	O	R	N	
	L		18	E	M	B	R	A	S	U	R	E			
		19	M		N		A		E		Y				
20	V	O	21	C	A	L	C	O	R	22	D		23	P	
24	O	I	L	S			K		25	V	I	26	S	A	
27	W	R	O	T	28	E		29	D	E	V	I	L		
30	E	A	T		Y						31	A	L	L	
	D		32	H	O	E			33	H	A	N	K	Y	



# The Regis Events Calendar

Giving Your Life Purpose...  
October 4 - October 19

## October

Date	Event	Time	Location
Tuesday 10/5	Political Debate Watch/Discussion	6:30 - 9:00	Dining Hall
Thursday 10/7	Women's VB: NM Highlands Univ.	7:00 PM	Fieldhouse
Thursday 10/7	Thrills: Michael Anthony (Comedian)	10:00 PM	Dining Hall
Thursday 10/7	Men's Soccer: Westminster College	4:00 PM	Soccer Field
Wednesday 10/6 - Sunday 10/10	Ringling Bros. and Barnum & Bailey Circus	Varies	Pepsi Center
Friday 10/8 - Sunday 10/10	Family Weekend	All Day	Campus
Friday 10/8	Political Debate Watch/Discussion	6:30 - 9:00	Dining Hall
Friday 10/8	Women's VB: Colorado State - Pueblo	7:00 PM	Fieldhouse
Saturday 10/9	Casino Night	7:00 PM	Dining Hall
Saturday 10/9	Women's VB: CU - Colorado Springs	7:00 PM	Fieldhouse
Saturday 10/9	Political Engagement Conference	All Day	Campus
Sunday 10/10	Men's Soccer: Benedictine College	12:00 PM	Soccer Field
Sunday 10/10	Rugby: Chadron State	TBA	TBA
Wednesday 10/13	Political Debate Watch/Discussion	6:30 - 9:00	Dining Hall
Wednesday 10/13	Concert: Flogging Molly	7:30 PM	Filmore
Wednesday 10/13	Film: Control Room	9:00 PM	Dining Hall
Thursday 10/14	Film: Control Room Discussion	12:00 PM	West Hall B
Thursday 10/14	Thrills: Karaoke	10:00 PM	TBD
Thursday 10/14	Lecture: "The Challenge of Faithful Citizenship"	7:30 PM	Sci. Amp.
Friday 10/15	Men's Soccer: Colo. Christian University	1:00 PM	Soccer Field
Friday 10/15	Women's Soccer: Adams State	3:30 PM	Soccer Field
Friday 10/15	Denver Zoo Free Day	All Day	Denver Zoo
Friday 10/15	Concert: Switchfoot	8:00 PM	Paramount
Friday 10/15	Last Call: Dave and Buster's	TBD	D and B's
Sunday 10/17	Men's Soccer: School of Mines	2:30 PM	Soccer Field
Sunday 10/17	Women's Soccer: NM Highlands University	12:00 PM	Soccer Field
Monday 10/18	Denver Botanic Gardens Free Day	All Day	Btnc. Grdns.
Tuesday 10/19	U.S. Senator Debate	7:00 PM	TBD

## Weekly word whomp

### Across

1. Changes from solid to liquid

5. Inhabitant of Iraq

9. Person who collects ice

10. Smell

12. Hog
13. Frogman

14. Grown-up

15. Antlered ruminant

16. Place

18. Watery part of milk

20. This plural

22. Low in price

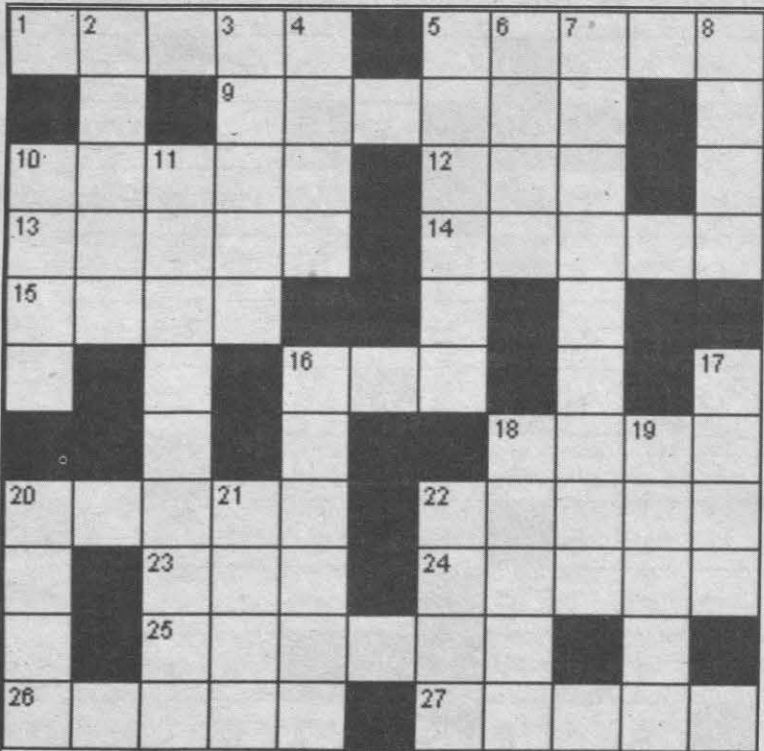
23. Emmet

24. Long raised strip

25. Knocking sound (3-3)

26. Short and fat

27. Facial hair



### Down

2. Mysterious

3. Cooking duration controller

4. Indication of damage

5. Collision

6. Bust

7. Pained

8. Is not

10. Tots up

11. Heard by accident

16. Pleasing to the eye

17. Write mechanically

18. Having cream or milk added

19. Ardent

20. Bunker

21. Hitch

22. Marine pincher

### For Sale

Classified space is now available in the *Highlander*, Regis University's student paper. The *Highlander* is an excellent forum to reach students and faculty interested items **YOU** want to sell. Hurry, space is limited.  
CALL 303.964.5391 for more information.

### House For Rent

**Charming Victorian.**  
**Fully remodeled with one bedroom and office. One full bathroom.**  
**Hardwood floors.**  
**\$800/ month**  
**Will negotiate with lease**  
**Blocks from Regis**  
**Call**  
**Pat 303-382-3994**